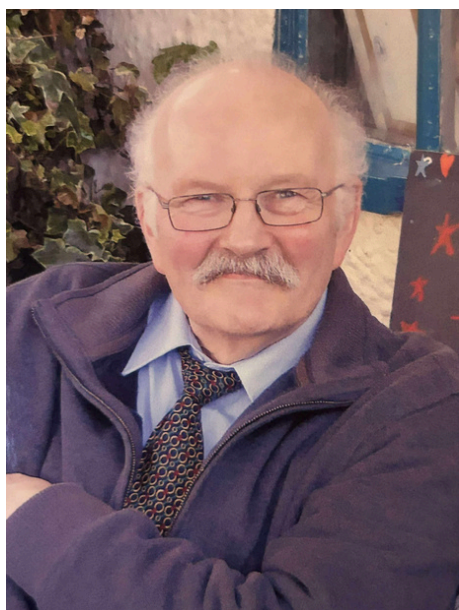


# Medrwn Môn Bulletin



Volume 12  
July  
2025

## Medrwn Môn pays tribute to Derlwyn Hughes



We would like to dedicate this issue of our Bulletin to Derlwyn Hughes who sadly passed away on the 7th June. Derlwyn recently retired as Funding and Information Officer after working for Medrwn Môn for 25 years. He was a dedicated team member, and had extensive knowledge of the community groups and organisations helping them to secure the funding and resources they needed to play an active role in developing the Island.

Derlwyn was passionate about his role within Medrwn Môn and also his role as a County Councillor, he knew everyone and everyone knew him!

It was clear how valued he was by those communities and fellow colleagues following the outpouring of well wishes

from groups. ***'Derlwyn had been a great supporter of Theatr Fach Llangefni over the years, helping us secure funds to carry out a number of projects for the benefit of the community. His contribution was very valuable to communities and voluntary organizations across the island'.*** His legacy was also summed up by Delyth Jones, Ffrindiau Llangoed ***'The kids at Llangoed may not have known Derwlyn, but they wouldn't be playing in the park today if it wasn't for him.'***

Derlwyn will be sorely missed by us all as a team and our Board.



@medrwnmon



@medrwnmon

**Phone:** 01248 724944

**Website:** [www.medrwnmon.org](http://www.medrwnmon.org)

**Email:** [post@medrwnmon.org](mailto:post@medrwnmon.org)



# Medrwn Môn AGM 2023-24



We held our Annual General Meeting on Friday 20<sup>th</sup> June at Llangefni Business Centre.

The Guest Speaker at the meeting was Council Leader Gary Pritchard who gave an insightful overview of his journey to his current role, and explained how making the most out of the opportunities offered to you, including volunteering, can help you to develop the skills, connections and experiences that a traditional path into work may not have to offer. Cllr Pritchard spoke about how his passion for supporting his local community developed through his role as community councillor and has continued in his current role as Council Leader, engaging with community groups and volunteers to ensure the Council delivers the best for the Island.

Cllr Pritchard closed with a thanks to all the volunteers across the Island supporting their local communities.



As we celebrated the success of 2023-24, we recognised that:

- **As part of our Volunteering support offer** - we provided information about **15 placements** with **14 separate organisations** and placed **26 volunteers** with **17 different organisations and groups**
- **As part of our Sustainable Funding support offer** - we supported **11 groups** to access just over **£350,000** in grants from funders including the National Lottery, Anglesey Charitable Association, and Welsh Government. In addition we awarded a further **£200,000** in key funds.
- **As part of our Good Governance offer** - we provided direct advice to **65** individual organisations



Overall for the year of 2023-24 :

- 60% of enquiries were about funding
- 33% were about good governance
- 3% were about engagement & influencing
- 3% were about volunteering
- 1% were about non-TSSW related matters

We also showcased two case study videos of the work done in 2023-24 - one looking at the Môn Community Link social prescribing project and another looking at one of our Gwirvol, Youth Led Grant projects with Caru Amlwch. These video case studies can be found on our [website](#)



# Volunteering Network Event

As volunteer numbers continue to dip both locally and Nationally, Medrwn Môn hosted a Volunteering Network event to explore the decline in volunteers. In Wales, there's been a decline in volunteering rates, particularly in formal volunteering, with participation levels in 2023/24 being the lowest recorded since data collection began in 2013/14. This decline is evident in both formal and informal volunteering.

Over 40 community members attended the network event, which featured representatives from 18 voluntary organisations based on Anglesey. The objective of the event was to better understand both the motivations for volunteering and the barriers that keep individuals from getting involved, and to look at how we can overcome some of the barriers.

Discussion topics included three key questions:

- Reasons why they volunteer?
- Barriers to volunteering?
- What would encourage volunteering?

The most commonly reported barrier to volunteering was **lack of time**, with several respondents citing long hours, inflexible scheduling, and difficulty balancing volunteering with work and personal life. Many felt that opportunities need to be more adaptable to suit modern lifestyles.

**Financial concerns** were another significant factor. Participants highlighted the cost of volunteering, including unpaid expenses and travel costs, which made it unaffordable for some. Limited or poor transport options further restricted access to volunteer roles.

**Emotional barriers** also played a role, with some respondents expressing nervousness or low confidence about getting involved. A few felt volunteering was a “one-way” experience and wanted something meaningful in return, such as skills development or a sense of connection.

Finally, issues with how organisations engage volunteers were noted. Lack of feedback, poor communication, and feeling like “just a number” discouraged people from participating. These insights suggest that creating a more flexible, inclusive, and supportive environment could help reduce barriers and encourage greater involvement.

Medrwn Môn is using the feedback to shape how we support community groups and organisations on Anglesey. One example of how Medrwn Môn support volunteering is Connect Anglesey, a volunteer platform just for Anglesey: check it out [here](#).





# Staff Wellbeing Survey returns great results!



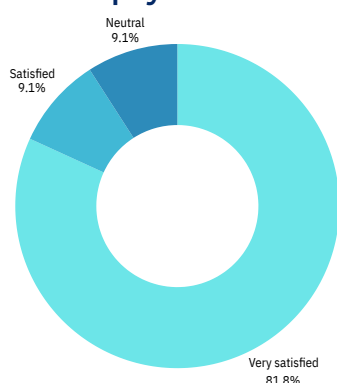
Following on from our first staff wellbeing survey in 2021, we worked in partnership with RCS again to find out how staff feel about wellbeing provisions in the workplace. 100% of staff were either satisfied or very satisfied with the extent to which their work is seen as valuable, and they feel good about themselves at work compared with 93% in 2021.



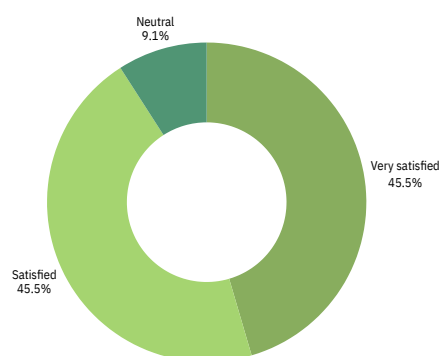
LLES AR GYFER GWEITHIO  
WELLBEING FOR WORK

Having invested in Wellbeing Champions and arranging time out for staff to enhance wellbeing and spend time together away from the office, we are incredibly proud of the results. Below are some more results from the survey:

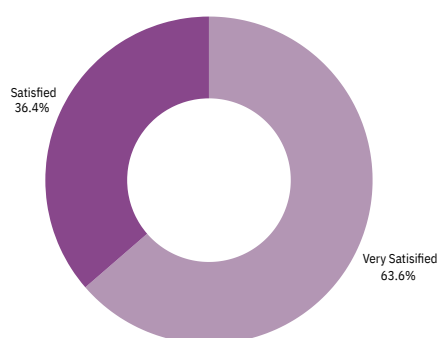
**How satisfied are you with the current activities to promote physical wellbeing**



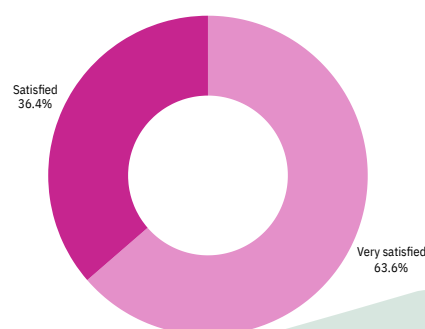
**How satisfied are you with the current activities to promote mental wellbeing**



**How satisfied are you with the training, development & career development opportunities provided to you?**



**How satisfied are you that you and your work is seen as valuable and that you feel good about yourself at work?**



Our latest wellbeing day saw staff trying their hand at painting pottery in the Mad Hatters Studio in Holyhead. All staff attended and there were some definite professional painters amongst us!

***“As a new employee I was given the opportunity to spend the day with my colleagues outside of the office. It was great to do the pottery, it brought back memories of when I was in school! I’ve even gone back to do a second session there as I enjoyed it so much!”***

Thanks to Mad Hatters Studio for having us!





# Welcome to Team Link Sian Eleri!

Medrwn Môn welcomes Sian to her role as Môn Community Link Support Officer.

Sian joined the team earlier this month and is responsible for working with all our referring partners, managing the referrals into our social prescribing project and working with our Local Asset Co-ordinators to make sure that individuals are able to find the right information and support at the right time and place for them to be able to reconnect in their communities.

Sian comes to us with a wealth of experience and knowledge having previously worked in Anglesey Council on the Public Map Platform Project and as an Engagement Officer for Taith i Saith. Sian has worked with communities, mapping the assets and activities available, identifying gaps and helping communities to set up their own community groups.

***'It's really humbling to know that you can help people by supporting their needs and listening to them. I enjoy working for Medrwn Môn because there is a team feeling here, and it's easy to work together and share information'.***



## Community Assessment Day Plas Arthur



Môn Community Link took part in the second BCHUB Community Assessment Day, held at Plas Arthur in Llangefni.

Organised by the Physiotherapy department, the event invited a large number of patients from their waiting list to attend face-to-face community appointments. The aim was to assess and advise patients at an earlier stage and signpost them to appropriate local services where needed. If ongoing physiotherapy was required, follow-up appointments would be arranged within a hospital setting.

To support a joined-up approach, third sector organisations and Local Authority services were invited to attend alongside health professionals, helping to showcase the range of community-based support available.

Awen and Bethan attended the session and 25 participants received information on Môn Community Link and activities in their local area.

For more information about the support available, please contact;

Môn Community Link on 01248 725745 or by email at [linc@medrwnmon.org](mailto:linc@medrwnmon.org).



# CTA Wales Conference



Chief Officer Lyndsey Williams presented in partnership with Seiriol Edwards, Older people's Strategies Manager (Anglesey County Council) at the Conference in Llandudno on 21<sup>st</sup> May. The presentation explored the role and value of collaborative working in leading transport solutions. The main focus was on how partnership working between Medrwn Môn, local community groups and Anglesey Council leads to use being able to test innovative and creative ways of keeping people connected in their communities.

We identified the role of our current good turn schemes and the pilot bus service recently trialled in Crigyll.



Insightful conversations were also had about bus reforms, e-bikes, mental health & loneliness, and the breakout sessions and panels highlighted the huge breadth of impact community transport has across Wales.

We heard about:

- The need for safe, reliable transport beyond daytime hours
- How trust, routine, and belonging support veterans' mental health
- Measuring the impact of tackling loneliness
- Funding and bid-writing support for operators
- The social power of a daily "hello" on an active travel route

## Re-launch of Good Turn Scheme in Bryngwran!

We have been working with the Bryngwran Good Turn Scheme to re-launch their scheme locally. The scheme runs from the Iorwerth Arms in Bryngwran and is available to anyone locally needing transport to health appointments, shopping and socialising opportunities. There is a small charge for journeys, which can be booked by ringing **07352965855**. Journeys can be shared by up to 5/6 passengers and the vehicle is wheelchair accessible!

The Good Turn Scheme is run by volunteers and the group is always looking for new volunteers to join them! if you are interested in more information please contact the group on the phone number above!



### BRYNGWRAN GOOD TURN SCHEME

Do you need help getting to appointments and socialising opportunities?

Did you know that you can book a volunteer driver for your journey!

Journeys cost £4.50 for the first 6 miles then 55p a mile thereafter. Payments can be made to the driver. You can share a journey with others and split the cost.

#### WE CAN TAKE YOU TO:

- ✓ Medical appointments- GP, dentist, hospital
- ✓ Shopping, to the bank or post office
- ✓ Attend activities/trips

Contact us to book a journey, giving as much notice as possible.

**BOOK NOW**



07352965855



# Gofod3 2025- Cardiff



## The biggest voluntary sector event of its kind in Wales

Anne and Sheree had the pleasure of attending this years Gofod3 event in Cardiff! They thoroughly enjoyed the day, packed with insightful sessions, networking and discussions!

It was an incredible event with over 1000 people attending and over 50 events on the day, there really was something for everyone. Anne and Sheree attended the following workshops.

- **The future of Welsh transport** - looking at examples of good practice of Community transport from Community Transport Association - Penygroes and Partneriaeth Ogwen.
- **Involving communities for social cohesion** - An interesting session around the role of community organisations in ensuring well-being for all.
- **Collaborating for health and well-being in the community** - this session explores a place-based approach and how cross-sector collaboration can deliver on well-being when the voluntary sector is an equal partner at the table.



## Manifesto Session



Building Communities Trust  
Ymddiriedolaeth  
Adeiladu Cymunedau

We had a great session with Building Communities Trust Wales in June, exploring which priorities the Third Sector would like included in shaping the manifestos of the main parties for the next Welsh Government elections 2026.

The workshop gave community groups, individuals and third sector organisations a chance to identify the key issues that they face and actions the next Welsh Government should take.

The key findings of the session highlighted that although there are some strong relationships between the third sector and public bodies there is room to strengthen relationships further. Especially where funding is concerned, **“Third sector is valued by public bodies – but often seen as free services and need longer term funding! Not just short term.”**

Thank you to Chris Johnes and Gwen Thirsk for facilitating the session.

To make sure the voice of young people were heard in the conversation, Medrwn Môn also facilitated a session with the young leaders from Meddwl Ymlaen (Barnardo's).





# Upcoming free training for voluntary groups and organisations!



## **Safeguarding Children and Adults Group A and B**

Specifically designed for Voluntary groups in Wales.

Safeguarding should be a priority for all voluntary organisations, especially those that work with children, young people and adults at risk.

## **Core Conversations**

After the success of the last Core Conversation training, Medrwn Môn have invited Basis back this year. The training explores how to equip people with key skills to build trust, understand challenges, and create solutions using a trauma informed approach.

## **Food Hygiene Course**

With funding from Menter Môn we are able to deliver a food hygiene course specifically for voluntary groups who provide food/refreshments for their community.

**Other courses available:** Canva for beginners, Being a Trustee, Recruiting and Retaining Volunteers, Fundraising from individuals, Planning and Writing Successful Funding Bids and Monitoring and Evaluating.

**To register your interest**

**email: [post@medrwnmon.org](mailto:post@medrwnmon.org) or call 01248 724944**

# Being a trustee training

## Trustee's play a crucial role in the voluntary sector!

Medrwn Môn are working with WCVA to deliver free training to voluntary organisations on Being a Trustee- 'the persons having the general control and management of the administration of a charity, sometimes referred to as a board member'. This training enhances the knowledge and skills of volunteers in their role as a trustee/board member.

Sheree recently held a training session with the trustees of Mencap Môn, who thought it was important to re-visit the governance of their organisation to ensure that all trustees were effective in their roles and aware of the charity's policies, objectives, and strategies

***"It was very informative session. I have a clearer and better understanding of what is required of being a trustee, so I am now more confident in my role."***



## Canva training

Eye catching designs are key when you are advertising your group or when advertising events.

Canva is a versatile graphic design platform that enables you to create a wide range of visual content, including posters, social media graphics, presentations, and more.

Medrwn Môn held free Canva training for community groups and organisations, to help beginners understand the fundamental features of Canva and how to use them effectively to produce eye-catching designs.

The training sessions were fully subscribed, demonstrating a strong interest in the topic, with a waiting list in place for those who were unable to secure a place. This highlights the high demand and relevance of the session for participants.

***"Understanding new software and what it offers was very useful and as it is free for volunteer so will save us £9.88/month for alternative solution."***

If you would like to receive further training, please head over to our website to sign up to our tailored mailing list



**A great first attempt**

# Community Alliances

## What's going on in your area?



**Bodowyr** - Public Map Platform staff attended the last meeting to discuss how they can work with Alliance members to map the footpaths and cycle paths in the area and make connections with public transport. Sessions will be organised for the end of August, and local residents are welcome to attend and contribute to the map! The Alliance is also looking to establish a Good Turn Scheme in the area, which will require volunteers to support the pilot transport scheme, a meeting has been arranged to discuss this further with the Community Transport Association and local residents. Please contact; **Anne@medrwnmon.org** if you wish to join.



LLWYFAN  
MAP  
CYHOEDDUS PUBLIC  
MAP  
PLATFORM



**Bro'r Llynnoedd** - The Alliance are inviting projects in the Ward to apply for a minimum of £1,000 grant of their new round of seed funding. Projects will be funded for the benefit of the following priorities:

- Transport
- Environment
- Health & wellbeing
- Communication & information sharing
- Community activities (Young people & old people)



Closing date for applications is 04/08/25, contact **Stacey@medrwnmon.org** for an application form. **You can follow the Bro'r Llynnoedd Alliance facebook page [here](#)**

**Caergybi** - Elected their Chair and Vice Chair in the last meeting.

The Holyhead Place Planning project (facilitated by Anglesey County Council) were invited to attend the meeting and give an overview of the plans for the area. To ensure joint working and community input into the plan, the Alliance Chair and Vice Chair will represent the group on the forum giving the Alliance members and residents of Holyhead the opportunity to support the projects being delivered.

The Alliance also has a new facebook page, Holyhead/Caergybi Alliance. It can be found **[here](#)**

**Crigyll** - The Good Turn scheme has re launched the service through the Bryngwran good turn scheme, the bus is available for residents to book for a small fee contact 07352965855.

Bro Aberffraw and Crigyll Alliances are also working jointly on a project delivering sessions for wellbeing needs for Children & Young people in the Wards.



**Talybolion** - we are pleased to announce that the Talybolion alliance will hold their first meeting 31/07/25 6pm at Llan Ni Llannerchymedd, everyone is welcome to attend.





They have been working together and moving forward supporting each area, also working with their neighbouring alliance (Crigyll) to provide wellbeing sessions for Children & Young People. They are a registered CIC group, have appointed directors and a secretary. Congratulations Bro Aberffraw Alliance on the excellent work going on!

**Please follow the Bro Aberffraw Alliance facebook page**

## Transport, speeding and community safety

communication & information sharing

community buildings

**For an application form, please contact [stacey@medrwnmon.org](mailto:stacey@medrwnmon.org) Closing date 07/08/25**

The 3-month trial community minibus service started on Monday the 2nd of June. It is intended to supplement the scheduled bus service.

The community minibus service is free but limited to Mondays and Fridays only, from 09:00 – 16:45. There are two routes.

- **Route 1** serves Llanddona
- **Route 2** goes to Glan Yr Afon and then, in a clockwise direction, takes in St. Cawrdaf Church and Penmon.

The service has been successful serving the local community with over 150 pick ups locally in the last month or so! This sees over 18 people a day using the service and has proved vital following the cuts to bus services in the more rural areas of the Island.

Take a look at the Seiriol Alliance website to keep up to date with the fantastic work going on in the area. You can also find the most recent Puffin newsletter as well as finding out how you can get involved with the Alliance and volunteering locally!

Visit <https://www.seiriolalliance.co.uk/community-transport> for more details.

[illegible]

**Nifer y teithwyr yn y PEDAIR wythnos gyntaf**  
**Number of passengers in the first FOUR weeks**

Total number passenger pick-ups: 150  
Average number pick-ups per day: 18.75

		PICK-UPS	Average/day
Glan Yr Afon	🔴	28	3.5
St. Cawrdaf	🔴	3	<1
Penmarian	🟢	0	0
Caim	🟢	0	0
Penmon	🟢	5	<1
The Pines	🔴	35	4.375
Beaumaris	🔴	65	8.125
Ponc Y Felin	🔴	4	<1
Owain Glyndwr	🟢	1	<1
Llanddona	🟢	0	0
Maes Gwyn	🔴	9	1.125
<b>TOTAL</b>		<b>150</b>	<b>18.75</b>

# Medrwn Môn Celebrates Volunteers Week 2025!



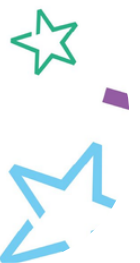
During Volunteers Week (2nd–8th June), we took the opportunity to celebrate and honour the incredible efforts of our volunteers. Throughout the week, we shared a variety of stories, photos, and thank-you messages across our social media platforms to showcase the impact our volunteers make every day. A special highlight was seeing our three dedicated volunteer drivers recognised with a well-deserved break, thanks to Room to Reward, giving them the chance to enjoy a relaxing stay in appreciation of their tireless service. We are so proud and grateful for all who give their time to support our work.



As part of our celebrations during Volunteering Week we were fortunate enough to receive recorded conversations with three of our incredible volunteers—two from Mind My Future and one from Môn Good Food. Each of them generously shared their personal experiences, offering heartfelt insights into what volunteering means to them and the impact it has had on their lives and communities. From the challenges they've overcome to the rewarding connections they've built, their stories highlighted the deep sense of purpose and fulfilment that comes from giving back.



**BWYD DA MÔN  
MÔN GOOD FOOD**



# The Anglesey Show

## 12th & 13th August 2025



### We can't wait to welcome you!

Join us for two fantastic days at the Anglesey Agricultural Show, an annual event in the heart of the beautiful Isle of Anglesey, attracting over 50,000 visitors each year. It's a perfect day out for the whole family!

We're excited to be back again this year! **Come and find us at the Engagement Bus and explore our Health and Wellbeing Village, in partnership with Betsi Cadwaladr University Health Board (BCUHB).**



### What's on offer?

Friendly staff from Medrwn Môn will be on hand to:

- Talk about how we support community groups and voluntary organisations on Ynys Môn
- Share volunteering opportunities
- Help you find funding for your group or project

Don't miss the

#### **Health and Wellbeing Village**

Located nearby, the village will host 15 organisations from BCUHB health services and voluntary groups.

They'll be available throughout both days, offering a wealth of information, health checks, resources, and a friendly chat.





# Third Sector News

## Launch of Park Mwd

Congratulations to Valley Community Council and the Bro'r Llynnoedd Alliance on this successful project!

The Park Mwd basketball court was officially opened in May. Local residents were welcomed and the ribbon was cut by international wheelchair basketball and athletics champion Kieran Jones alongside his brother Ryan, also a top player in basketball. The brothers were responsible for nurturing the idea of redeveloping the court.

*'The basketball court stands as a symbol of our community's shared commitment to promoting healthy, active lifestyles. It reflects vision of our partners, the generosity of our funders and the hard work of everyone who helped bring this project to life. We hope it becomes a lasting space where future generations can grow their skills, enhance their wellbeing and take pride in what can be accomplished through collaboration'*

Neil Tuck (Bro'r Llynnoedd Chair & Councillor)



## Medrwn Môn recognised in the newly launched Civil Society Covenant

Medrwn Môn's Place Shaping Programme has been included as a case study and example of good practice in the UK Government's Civil Society Covenant!

The Covenant was launched on the 17<sup>th</sup> July and marks an opportunity to reset relationships between government and civil society, following calls from the Prime Minister last year for a 'fundamental reset' in how civil society and government work together.

The CEO of WCVA Lindsay Cordery-Bruce welcomed the opportunity to build a more open, collaborative and respectful partnership across all nations of the UK.

For us in Wales, the Covenant represents a step forward in how we engage with UK Government on matters that are not devolved to Welsh Government. The Covenant does not replace or override any of the strong frameworks already in place within Wales, and our own **Third Sector Scheme**, established in law and jointly owned by Welsh Government and the sector, continues to guide how we work together across all policy areas devolved to Wales, from health and education to climate action and volunteering.

Many voluntary organisations in Wales also work across non-devolved areas. From social security to justice, immigration to foreign policy, human rights to employment rights, and the impact of UK Government decisions is felt by communities in every part of the country. That is why a clearer framework for engaging with the UK Government is long overdue. Tis is why the new Covenant matters.

It is a great honour for the work of Medrwn Môn to be recognised at not only local and regional levels but also at a UK Government level and we are proud of the work being done in our communities to involve communities. The Alliances are crucial to this way of working and are leading the way in developing resourceful communities who are making real and sustainable differences locally! You can find the case study [here](#)



# HAVE YOUR SAY!



What consultations are happening in your area?

## Volunteer Driver recruitment survey

Many communities are facing challenges in recruiting volunteers to assist with transportation, and as an organisation Medrwn Môn would like to better understand the barriers preventing people from volunteering and supporting community services.

Our Volunteering Support Officer Gemma, has created a survey to gather insights about this, exploring why people choose to volunteer, what makes it difficult for people who want to volunteer for community transport schemes, and how we could potentially make it easier.

The survey includes a few questions and feedback that will hopefully help us to address these challenges. We would greatly appreciate it if you could take a few moments to complete the [survey](#) or use the QR code



## HEALTHY EATING IN SCHOOLS CONSULTATION

Welsh Government want your views on proposals related to food and drink in maintained primary schools in Wales. They are also calling for evidence on the food provided in secondary schools.

Welsh Government are looking to update:

- what food and drinks can be provided in schools
- guidance on responsibilities for promoting healthy eating and drinking

These changes will help children:

- develop healthy eating habits
- access healthier food during school hours
- make healthy food choices

### How to respond

Click [here](#) to take part in the consultation.

The consultation ends on 29 July 2025.





Strategaeth Tlodi Plant Cymru 2024  
Child Poverty Strategy for Wales 2024

Llywodraeth Cymru  
Welsh Government

## Lived Experience Engagement Exercise

The Welsh Government published the Child Poverty Strategy for Wales in January 2024. This strategy sets the direction for Welsh Government actions to tackle child poverty over a 10-year period and to meet our ambitions for children and young people in Wales

## Has the policy made a difference in your experience?

**Help us by Capturing Lived Experience!**

Welsh Government want to ask people with lived experience **three** key questions that will establish whether there have been any changes in the last three years.



To have your say contact Sheree  
[Sheree@medrwnmon.org](mailto:Sheree@medrwnmon.org)  
01248 724944







## Fund for Wales

Grants of £500–£2,000 are available for local charities, CICs and voluntary groups with annual income under £100,000. Projects must support community wellbeing, inclusion or resilience. Applications are accepted on a rolling basis until December 1st 2025.



## Open Grants Programme (Capital)



THE CLOTHWORKERS'  
FOUNDATION

Grants from £500 up to £1,000,000 are available to UK-based charities, CICs, community benefit societies, and not-for-profit groups (income under £10 million). Projects must be capital-based—e.g., building refurbishment, essential equipment, vehicles, or digital infrastructure—and serve disadvantaged or marginalised communities (e.g., disability, homelessness, young people).

## Community Grant Applications

Grants of £250 are available to UK-based registered charities, schools, CICs, CASCs, or not-for-profit community groups. Up to 8 unrestricted grants are awarded each quarter, with applications opening 1–31 July 2025. Funds are randomly allocated, and recipients are notified within two weeks of close and paid within 28 days.



The Giving  
Machine™

If you're looking for more news on grants, keep an eye out for our monthly Funding Snapshot, shared on the website. You can find it [here](#). It features new opportunities, upcoming deadlines, and useful tips for community groups across Ynys Môn.



# Funding News



## Pro Bono & In-Kind Support

If you're planning a property development, tackling a legal restructure, or launching a digital upgrade, you'll likely need expert input to check if your idea is viable and sustainable. But getting professional advice—whether from architects, solicitors, HR consultants or IT specialists—can be expensive.

That's where pro bono (free professional work) and in-kind (donated goods or services) support can make a real difference. These services allow you to access the expert help you need, without the heavy cost.

They can help you:

- Reduce risk by identifying potential issues early
- Plan stronger, more fundable projects with professional input
- Save money by avoiding consultancy fees
- Strengthen governance and operations

So how do you access this type of support? Start by asking your trustees, volunteers, or local contacts—someone may know a professional willing to help. You can also try local firms or put out a callout on social media, or take a look at the organisations below.

## Useful Sources of Pro Bono & In-Kind Help

### LandAid Pro Bono



For charities working on property or tackling youth homelessness. Offers free support from architects, surveyors, planners, and lawyers. [www.landaid.org](http://www.landaid.org)



### Cranfield Trust

Free consultancy for Welsh charities in HR, finance, and strategic planning. [www.cranfieldtrust.org](http://www.cranfieldtrust.org)



### Charity Digital

Free or low-cost software like Microsoft, Zoom, antivirus tools, and more. [www.charitydigital.org.uk](http://www.charitydigital.org.uk)



### LawWorks Cymru

Free legal advice for Welsh charities on governance, leases, HR, and more. [www.lawworks.org.uk](http://www.lawworks.org.uk)



# National Lottery People and Place's Fund continues to invest locally!



The following organisations on Anglesey that have recently received a grant from The National Lottery Community Fund.

“Rydyn ni’n falch o allu ariannu’r prosiectau hyn diolch i arian a godwyd gan chwaraewyr y Loteri Genedlaethol. Mae’r prosiectau hyn yn adlewyrchu ein huchelgais i helpu i roi cysylltiadau cymdeithasol a gweithgareddau cymunedol wrth galon creu bywydau iachach, hapusach ledled Cymru..”

## **Medrwn Môn receives £262,584 for Community Link social prescribing.**

Medrwn Môn is using the grant to continue the Môn Community Linc which includes the Social Prescribing Project which is open to families, and adults over the age of 18. The project takes low level referrals from GP’s, social workers and North Wales Police as well as self-referrals, and links them to local services, community groups and volunteering opportunities to improve their physical and mental health and wellbeing. The model aims to establish a total of 11 community led alliances covering the whole of Anglesey with four in a position to employ their own Local Asset Co-ordinators (LAC’s) by the end of the project.



## **EDGE Inclusion Partners CIC receives £20,000 for a Wellbeing Service:**

EDGE Inclusion Partners CIC in Anglesey is using a £20,000 grant to deliver a wellbeing service to address the needs of children, young people, adults, and families, fostering mental health, resilience, and community connection.



**Contact Medrwn Môn on 01248 724944 or [stacey@medrwnmon.org](mailto:stacey@medrwnmon.org) if you need any advice or guidance in identifying and applying for funding.**





# Volunteering opportunities

## Bryngwran Good Turn Scheme Volunteer Driver

Bryngwran Good Turn Scheme is looking for volunteers who can spare a few hours to drive their electric vehicle

**Good Turn Scheme drivers will provide essential transport to people who need:**

- ✓ Hospital Appointments
- ✓ Medical and Health Appointments
- ✓ Shopping Trips
- ✓ Attend Activities / Clubs

**Good Turn Scheme drivers will get:**

- Cost of DBS
- Cost of dead mileage (55p per mile)
- Allowances for parking

01248 724944

Gemma@medrwnmon.org



## Volunteer Opportunities

### Are you looking to volunteer?

WAMES is seeking enthusiastic individuals to support their vital work with people affected by ME/CFS in Wales. Whether you have admin skills, financial knowledge, or simply want to help, there's a role for you. Make a real difference from the comfort of your own home!

WAMES are currently looking for dedicated volunteers to join their team as a **Secretary**, **Treasurer**, or **Admin Support**. These vital roles help keep the organisation running smoothly and ensure that people in Wales affected by ME/CFS receive the support, information, and advocacy they need. Whether you're looking to gain experience, return to work, or contribute to a cause that matters, your time and skills could make a real difference.

For more information, visit: [www.wames.org.uk](http://www.wames.org.uk) or contact Sharon Williams (Volunteer Coordinator): [sharon@wames.org.uk](mailto:sharon@wames.org.uk)



Phone: 01248 724944  
Website: [www.medrwnmon.org](http://www.medrwnmon.org)  
Email: [Gemma@medrwnmon.org](mailto:Gemma@medrwnmon.org)

## VOLUNTEER with St David's Hospice

JOIN OUR WONDERFUL TEAM!



Have you got a few hours a week to spare?

APPLY [HERE](#)



**Partneriaeth Tirwedd Ynys Cybi Holy Island Landscape Partnership**

**If you are interested in volunteering to protect nature and heritage, please contact:**  
[partneriaethtirlunynyscybi@ynysmon.llyw.cymru](mailto:partneriaethtirlunynyscybi@ynysmon.llyw.cymru)





# What's on?

**Ymunwch gyda ni yng Ngŵyl Anableddu Dysgu 2025!**

Sound Express  
The Ghost Buskers  
Mencap Hub Buddies  
The Tyddyners  
Côr Dwylo Môn  
Cerdd Amdani-Band Bwced  
Piws  
Copper Rockers  
CC4LD  
Disco Tyddyn Môn  
Dawns i Bawb  
Tim Nysrsio Anableddau Dysgu  
Paentio wynebâu  
Celf a Chrefft

Pabell Gŵyl Caergybi  
Dydd Gwener, Gorffennaf 25  
ar Draeth Newry  
12-4.00yp

**Join us at the Learning Disability Festival 2025!**

Sound Express  
The Ghost Buskers  
Mencap Hub Buddies  
The Tyddyners  
Côr Dwylo Môn  
Cerdd Amdani-Band Bwced  
Piws  
Copper Rockers  
CC4LD  
Disco Tyddyn Môn  
Dawns i Bawb  
Learning Disability Nursing Team  
Face painting  
Arts and crafts

Holyhead Festival Marquee  
Friday, July 25  
on Newry Beach  
12-4.00pm

Am ddim / Free  
Lluniaeth ysgafn  
Light refreshments

2025  
 Dyddiau Iau  
Thursdays

Mehefin 12th  
June & 26th  
 Gorff. 10th  
July & 24th

## Sesiynau Lles Coetir Woodland Wellbeing Sessions

Llangoed

teithiau cerdded  
natur, sgysia, crefftio  
a chadwraeth

nature walks,  
talks, crafting  
and conservation



cyswllt/contact:  
James  
woodwell.rst@gmail.com  
07721 687905

Am ddim Free  
gyda lluniaeth with refreshments

## SAIN•WAVES RHOSNEIGR

A COASTAL MUSIC FESTIVAL

CELEBRATING LOCAL  
SOUND AND COMMUNITY

LIVE MUSIC ACROSS MULTIPLE VENUES

FREE ENTRY!

SCAN THE QR CODE TO GET INVOLVED!



SUPPORTED BY THE RHOSNEIGR CIN COMPANY  
AND THE INSCAPE STUDIOS



25th - 27th JULY 2025



## HEALTHY HOMES, HEALTHY PEOPLE

CONTACT US:

0800 091 1786

www.warmwales.org.uk



Apply for  
support via our  
referral form on  
our 'Get Support'  
page on our  
website

### SUPPORT

- Energy:** help and advice with understanding energy bills, smart meters, savings and discounts
- Water:** information, advice and support with tariff reductions and water meters
- Heating:** support with applications to schemes providing replacement boilers and home heating measures to qualifying households
- Income maximisation:** support and signposting for benefit checks and council tax reduction applications
- Energy Awareness Sessions:** We offer a range of sessions for groups including understanding your energy bills, understanding tariffs, energy saving tips and how to keep your home warm.
- Priority Service Register:** free registration with gas, electricity and water providers for qualifying households
- Home safety measures:** carbon monoxide awareness, smoke alarms and locking cooker valves.

WARM WALES  
CYMRU GYNNES



HEALTHY HOMES  
HEALTHY PEOPLE  
CARTREFI IACH  
POBL IACH



WALES & WEST  
UTILITIES

WWW.WARMWALES.ORG.UK

2/2

@WARMWALES





# What's on?

## School Uniform Shop

### Fun day



**School Uniform**  
EST. 2024  
THRIFT SHOP

- Bouncy Castle
- Refreshments
- Arts & Crafts

## YSGOL CYFUN LLANGFNI

August 7th & 8th  
12pm - 4pm

maethu cymru | foster wales

CYNGOR IRE YNYS MON ISLE OF ANGLESEY COUNTY COUNCIL

## CHILDRENS ACTIF & ENERGISED CAMPS

10:00 - 15:00 | £16.00  
8:30 - 16:30 | £25.60

**AGE 5-11**



Breakfast Club • Fun Games & Challenges • Penalty Shootout Challenge  
Archery • Body Zorbs • Swimming Activities • Netball • Cricket • Tennis  
Basketball • Football • Athletics • Tag Rugby • Arts & Craft

21/7/25	4/8/25	18/8/25	Plas Arthur Leisure Centre
22/7/25	5/8/25	19/8/25	Amlwch Leisure Centre
23/07/25	6/8/25	20/8/25	David Hughes Leisure Centre
31/07/25	7/8/25	21/8/25	Holyhead Leisure Centre

**NO SWIMMING**  
DAVID HUGHES LEISURE CENTRE

**Packed lunch required**

QR CODE | ACTIF | CYNGOR IRE YNYS MON ISLE OF ANGLESEY COUNTY COUNCIL | ASDA FOUNDATION | SPORTS ALES CHWARAETHYR

Facebook | X | Instagram | YouTube | MONACTIF

## GWEITHGAREDDAU HAF

### SUMMER ACTIVITIES

### LLYFRGELL CAERGYBI

### HOLYHEAD LIBRARY

**28.07.2025: 2:30 - 3:30**  
Creffttau / Crafts

**31.07.2025: 2:30 - 3:30**  
Gwneud Barcud / DIY Kite

**08.08.2025: 10:30 - 11:30**  
Animeiddio stop-symudiad / Stop Motion Animation

**18.08.2025: 10:30 - 11:30**  
Casys Pensiliau Yn Ôl i'r Ysgol / Back to School Pencil Cases

**Am ddim! Free!**

**7+**

**7+**

**Ffoniwch i archebu lle / Phone to book:**  
**01407 762 917**

CYNGOR IRE YNYS MON ISLE OF ANGLESEY COUNTY COUNCIL

Wedi ei ariannu gan Llywodraeth y DU | Funded by UK Government

## AMLWCH PARENTS!!

Need childcare in the summer? ...

## WELLBEING WALKS WITH YEM

Free summer walks for 8-14 year olds...

**30 July, 2025**  
10AM - 12PM  
Amlwch Allotments

**13 Aug, 2025**  
10AM - 12PM  
Mynydd Parys

**20 Aug, 2025**  
10AM - 12PM  
Amlwch Allotments

**BOOKING REQUIRED**

**What is it?**  
Join a free outdoor wellbeing walk this summer designed to build confidence, resilience and a sense of calm - all in the fresh air! These sessions are led by YEM and thanks to support from ASDA Foundation and Caru Amlwch, they're completely free.

**What's included?**

- Safe, supervised sessions for ages 8-14 year olds.
- Nature walk, themed discussion & a wellbeing activity.
- Each session lasts 2 hours.
- Drop-off and collection only - no need for parents to stay.
- Max 10 spaces per session - booking required!

**Want to contact YEM?**

tristia@yementoring.com  
+447805651084  
www.yementoring.com

**SCAN THE QR CODE TO BOOK YOUR CHILD'S PLACE**

QR CODE

If you have an event that you would like us to promote, please contact:

[post@medrwnmon.org](mailto:post@medrwnmon.org) / 01248 724944 or register on

[www.ConnectAnglesey.Wales](http://www.ConnectAnglesey.Wales)



# MEN'S HEALTH AND WELLBEING IN RURAL



## ANGLESEY



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Betsi Cadwaladr  
University Health Board

Join us for a few hours  
of connection and  
support, focusing on  
Men's Health and  
Wellbeing on Anglesey.

Lunch  
Provided



🕒 11:00am - 1.00pm

📅 Monday 28th July 2025

📍 Bodedern Village Hall



For more  
information:



01248 724944



[post@medrwnmon.org](mailto:post@medrwnmon.org)



# CONTACT US

---



**CALL US ON: 01248 724944**



**EMAIL US: [POST@MEDRWNMON.ORG](mailto:POST@MEDRWNMON.ORG)**



**FACEBOOK: MEDRWN MÔN**



**WEBSITE: [WWW.MEDRWNMON.ORG](http://WWW.MEDRWNMON.ORG)**