# Medrwn Môn Bulletin

Volume 14 December 2025

# Walking our way to the winning position with the Môn Actif Awards!

Medrwn Môn is celebrating after winning the **Active Workplace Award** at the Môn Actif awards in
Canolfan Beaumaris on 24<sup>th</sup> October.

The awards were a chance to celebrate the wealth of talent and dedication of volunteers in sports groups across the Island and winners included CELS, Holyhead Town Council, Menai Bridge Cricket Club and Llangefni Rugby Club.

Our award recognised the support that the Board of Medrwn Môn has given to the staff to take time away from the office as a team to support their own health and wellbeing. As you will have seen in previous bulletins staff make use of the standing desks and walking pad, go for walks every lunchtime, have walked along the Coastal Path and even tried their hands at paddleboarding!

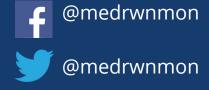








Andrew Hughes, Chair of Medrwn Môn congratulated the team and recognised the achievement of the Board in supporting staff to remain active and healthy 'It is extremely important for us an an organisation that our staff are able to look after their own wellbeing. This helps to create a happy a dedicated team'.



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# Place Shaping & Alliances 3<sup>rd</sup> Showcase!



We held the third Alliance Network Meeting in November. The session highlighted all the work the Place Shaping programme has been delivering across the Island through funding Alliances to make real differences in their communities.

The Place Shaping programme has enabled us to distribute over £300,000 of Shared Prosperity Funding in 2024-25 to community Alliances and the showcase was a chance to reflect on how that money had been spent on grass roots projects that support community identified needs.

Thank you to our Board Member Sara Spinks for talking us through her experiences with the Bro Aberffraw Alliance and to everyone else who took part in our showcase video!

The film is available to view on our website <a href="https://www.medrwnmon.org/cy/place-shaping">https://www.medrwnmon.org/cy/place-shaping</a>

During the last 12 months, we have worked with the Public Map Platform through the Bodowyr and Crigyll Alliance, identifying public paths and connecting to public transport. The alliances were also given the opportunity to be a part of the Anglesey resilience mapping process.

Building Communities Trust held 19 workshops through Wales, communities had the opportunity to have their say and contribute to the thriving Welsh Communities manifesto, the Anglesey workshop was held at our office and alliance members had the opportunity to attend. The Manifesto 'sets out changes we collectively believe the next Welsh Government must make to unlock the full potential of community led action' - BCT

Community Transport Association have supported the Bodowyr Ward and discussions were held to develop a community transport scheme.

We have signed The Healthy Travel Charter and the Placemaking Wales Charter, promoting principles in all relevant areas of our Place Shaping work across the Island.

Our Place Shaping programme has been included as a case study and example of good practice in the UK Government's Covenant for Civil Society.

















# What's planned for Alliances in 2026?

We will continue to work with the alliances and support the communities in Canolbarth Môn & Twrcelyn to establish the alliances in their Wards.

Our new Place Shaping booklet will be published, sharing the progress of over **100** projects which have benefitted from the UK Government Shared Prosperity Fund.

Alliances will also receive quarterly updates of the work completed by their allocated Local Asset Co-ordinator, how the social prescribing project benefits their communities, hubs and individuals in their area.

This work is vital, by connecting people to their communities to support their social, emotional and practical needs it is beneficial to health & wellbeing.

We are currently working on developing a toolkit, as requested by BCHB, this will be a useful resource for communities wishing to establish and follow the alliance principle that Medrwn Môn have created..

#### The alliances are always looking for new members, anyone can join and support them!

You don't have to attend all of the meetings, you may only be interested in supporting certain projects within your area, and that's okay!

For further information about your local alliance, please follow the link for further information <a href="https://www.medrwnmon.org/place-shaping">https://www.medrwnmon.org/place-shaping</a>





















# Public Map Platform Launches it's Beta Map!



Medrwn Môn mapping recognised in the Senedd

Medrwn Môn staff attended the launch of the Public Map Platform, sponsored by Plaid Cymru Leader Rhun ap Iorwerth in Cardiff in September.

The afternoon session included a panel discussion on 'What is a Public Map', mapping workshops and lightening talks from partners to the project, while the evening event saw the official launch and gave attendees their first look at the map in its current form.

The map includes information provided by Medrwn Môn, gathered through the asset mapping of our Place Shaping programme, information about over 100 projects funded through the Shared Prosperity Key funds for community alliances and Warm Spaces.

Medrwn Môn has been working with Public Map Platform since November 2024 and have received funding towards our Place Shaping Officer. During this time the Officer has worked with PMP staff to hold sessions in our communities including connecting Bodowyr- where we mapped paths and links to public transport. Alliances were also invited to participate in the working relationships mapping session, using a toolkit to map the ways in which they work together around shared goals.

The launch of the Beta Map marks the end of phase one of the project, and the beginning of phase two where the project looks to use the learning from the work on Anglesey and to expand into other areas of Wales. Derek Walker, the Future Generations Commissioner for Wales was in attendance and stated 'It was a pleasure to attend the launch of the Public Map Platform tonight at the Senedd. The project in Ynys Môn is seeking to involve people more effectively in planning decisions. Fantastic that the Wellbeing of future generations act is shaping the project.'







# Link Up! Network For Children and Young People



Thank you to everyone who attended our Link Up! For children and Young People Networking session in September!

The event provided a valuable opportunity for those delivering services and support to children and young people on the Island to connect, collaborate, and share ideas.

By coming together, we were able to strengthen relationships, explore ways to work more effectively across sectors, and identify opportunities to share resources — all to improve outcomes and create better support for children and young people in our community.

We held workshops about resources we could share and how we could share them. There is a lot of equipment amongst us all that could be shared, from VR kits, to silent discos to sports equipment. There was a few suggestions on how we could share the resources, so keep an eye on our social media pages and website for further updates.

It was great to hear the work that is being done across the Island for children and young people from our guest speakers:



**Fôn Roberts** Director of Social Services, gave an engaging presentation on the launch of Wellbeing North Wales website : See <u>Here</u>

**Davina Carey** from Piws, gave an great presentation about how they empower disabled children, families, and communities to create a more inclusive Wales.

Barry Edwards and Josie Rhisiart from Môn Actif gave a brief overview of the great services they provide across the island and the benefits they have for the young people of Anglesey.

**Sian Eleri** from Môn Community Link gave some great real life stories of how Social Prescribing has helped young people of Anglesey.

You can click **Here** to see the video 🙂













# New partnership provides support for young people to stay active through Medrwn Actif Môn!

We're proud to announce that Medrwn Môn & Môn Actif will be working in partnership to launch the new **Medrwn Actif Môn** Initiative. The initiative is a fitness scheme designed to improve young people's physical and mental well-being by enabling access to free structured fitness or gym-based activities for 12 months at Môn Actif Leisure Centres.



Medrwn Môn & Môn Actif will work in collaboration with health professionals such as GPs, mental health workers, school nurses, teachers, youth services, North Wales Police and other key groups and agencies to ensure we all play our part in creating a healthier, happier, and more active Anglesey.



The joint project will help break down the cost barrier to accessing leisure facilities on Anglesey and enable youths to develop their physical & mental health benefits via increased physical activity.

The initiative will encourage regular exercise among inactive or at-risk youths, improving cardiovascular health, strength, flexibility, and overall fitness and general wellbeing.



Key aspects of the Medrwn Actif Môn Initiative focus areas for young people aged 11-25 include:

- Low level mental health
- Homeless or at risk of homelessness
- Substance misuse
- Bereavement



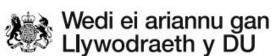
- Young carers
- Physical wellbeing
- Trauma In- formed Communities Support



For further details or a copy of the application form please contact: linc@medrwnmon.org or datblyguchwaraeon@ynysmon.llyw.cymru







#### WELLBEING AS A SKILL FOR LIFE

Sheree our Third Sector Community Wellbeing Officer was invited by Coleg Menai to speak to Skills for Life and Work group, about the importance of the 5 Ways to Wellbeing on their wellbeing.

- We explored all the different ways we can learn new skills —
  not just the usual routes, but fun ideas too... like learning a
  new welsh word or trying out a brand-new hobby!
- Giving isn't just about handing over things, it's about giving your time, kindness, or support, whether it's volunteering, helping a friend.
- The importance of connecting, making time each day to talk to someone, share a smile, or even send a quick message.
- We practiced keeping active led by what the students enjoyed, it doesn't have to be a gym it could be dancing.
- Taking Notice, we took some time to look outside, look at the art work around the room.

It was a great session, and all who attended enjoyed: "Thank you very much for coming over to the Life and Work Skills course learners today, everyone really enjoyed the session"







## **Youth Summit PMP & Bangor University**





Our Place Shaping Officer, Anne, had the wonderful opportunity to attend a panel event at Bangor University, invited by the Public Map Platform. They have been working closely with pupils from Ysgol Morswyn, Holyhead, guiding them through three inspiring 'mapping' sessions. The pupils explored their local area in detail — looking at what matters to them, and what changes they would love to see in the future.

These sessions helped them build a clearer picture of their neighbourhood and identify the improvements they felt would make the biggest difference to their town and those who live in it. The panel session gave the pupils the chance to put forward their ideas and ask thoughtful, well-considered questions.

The afternoon session was all about action, drawing on the responses they received, together they began working through how some of their suggestions could realistically move forward.

They discussed possible next steps, who they might need to work with, and how they could turn their ideas into real, positive change. The room was full of energy, teamwork, and creativity — a true reflection of how powerful youth voices can be.

The dedication shown by the pupils has been inspiring, and everyone involved is excited to see how their ideas continue to develop.

# Write It, Win It, Prove It! From Bid Writing to Reporting



## **Writing Successful Funding Bids**

Medrwn Môn was approached by Menai Bridge War Memorial Hall about helping them to build the skill set in their committee and to strengthen the group for the future.

8 members of the board attended the Bid Writing course delivered by Stacey and Sheree where we:

- Explored a practical approach to developing a funding bid
- Looked at tools and techniques for planning, writing and presenting winning bids
- Practiced and assessed bid writing skills
- provided general tips and guidance relating to funding

"Everything I need to know to make my job easier - I now have the skill to structure a good bid and it's requirements "

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## **Monitoring and Evaluation**

As part of our offer to successful funding applicants this year, groups were offered free Monitoring and Evaluating Funding training, funded through the UK Government Shared Prosperity Fund.

In the first of a series of training events, **20** individuals from **11** community groups are now able to:

- Create an accurate baseline
- Evidence targets
- Align activity to achieve outcomes
- Structure an evaluation

If you volunteer for a community group and would like to increase your monitoring and reporting skills, please contact Stacey for more information.

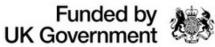
"The course was brilliant, I now feel more confident reporting, and having the support off Stacey from Medrwn Môn is a great comfort" Sydna (Llannerchymedd)

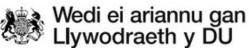










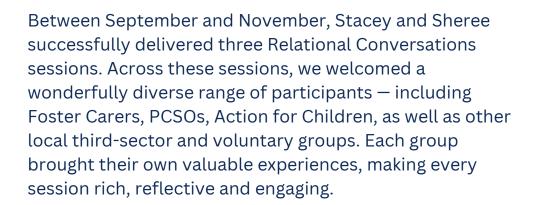


# Building Skills Through Relational Conversations Training



Over the past few months Sheree and Stacey have been busy strengthening our community's skills in meaningful communication. After completing the Train the Trainer programme with Basis Training, they became fully equipped to deliver the Relational Conversations course locally.

The Relational Conversations programme, designed by Basis (<a href="https://basistraining.co.uk/change-skills/relational-conversations">https://basistraining.co.uk/change-skills/relational-conversations</a>), provides practical tools to help people build rapport, listen deeply and hold supportive, personcentred conversations. It's ideal for anyone who regularly engages with the public or supports individuals through everyday challenges.

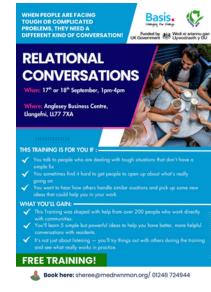


A standout feature of all three sessions was the natural networking that happened afterwards. Participants stayed to chat, exchange ideas and build new connections — a perfect reflection of what Relational Conversations aims to create.

If you're interested in future sessions or would like to explore bringing this training into your organisation or volunteer team, we'd love to hear from you.

Get in touch to register your interest and help strengthen communication and connection across our community.

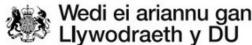












# Helping our communities to deliver a food safe environment!



With thanks to Anglesey Food Partnership, Medrwn Môn were able to work with Coleg Menai to deliver Food Safety level 2, to community groups who provide a warm space, food and company to their community members.

Food safety level 2 is important for preventing foodborne illnesses by teaching food handlers proper hygiene, temperature control, and cleaning procedures. This training is crucial for individuals who handle, prepare, or serve food to ensure they can follow safe practices, comply with regulations, and protect consumer health.

5 courses were delivered across the island and 40 from 19 different voluntary groups who provide food for community members, completed the food safety training course.

This initiative has had a significant positive impact on both individual participants and the wider community. Volunteers reported feeling more confident in their ability to prepare and handle food safely, and they now possess a clearer understanding of legal and regulatory requirements related to food hygiene.

The training has also encouraged new volunteers to join the initiative, strengthening community capacity and sustainability.

"Having more people trained in Food safety will increase our volunteer pool, making the group more sustainable"

"Really enjoyed the course, and I feel that we can make some positive changes in the group"



















## **Third Sector News**



#### **Medrwn Mon Celebrates Trustees week 2025!**

Trustees' Week took place from 3–7 November 2025, and it was a valuable opportunity to recognise and celebrate the people who volunteer their time, skills, and insight to support and guide charities in our communities. Our trustees play a key role in ensuring strong governance and keeping our work focused and effective. We are grateful for their ongoing commitment and leadership. Thank you to all trustees for the difference you make.

## Sara Spinks



Sara began volunteering soon after moving to Ynys Môn in 2022, wanting to get to know the area, meet people, and contribute to community life. Her volunteering led her to understand the needs and strengths of local groups, which encouraged her to take on a trustee role in 2024. She brings experience in leadership, project planning, and safeguarding, and is committed to helping organisations grow in a sustainable and strategic way. Sara enjoys working closely with others, building strong relationships, and seeing the positive impact that collaborative community work can have. The role gives her a strong sense of purpose and connection, which she finds both meaningful and rewarding.

Bill moved to Anglesey in 2009 and began volunteering in Benllech soon after to connect with the community. Drawing on over 30 years' experience as a Fire Officer, he became Chair of the Benllech & District Good Turn Scheme in 2013, and also joined Medrwn Môn as a Trustee. He now serves as Treasurer and sits on the HR and Finance Committee, using his management skills to support good governance and strong volunteer services. Bill values being actively involved in the community and helping both Medrwn Môn and the Good Turn Scheme remain responsive and supportive to local people.



## Bill Hadfield



## Lyn Hughes



Lyn has been a Trustee with Medrwn Môn since 2012. She joined to help shape the organisation's strategic direction and to use her experience to ensure that children's and families' services remain central within the community.

She believes effective Trusteeship requires strong communication, teamwork, responsibility, and clear decision making. Through her role, Lyn has strengthened her connection to the community and continued to grow both personally and professionally.

Lyn finds being a Trustee deeply rewarding, knowing that her time and commitment make a positive difference. She describes her experience as valuable and meaningful from the very beginning.

Andrew Mark Hughes has been a member of Medrwn Môn since 2010 and currently serves as Chair. His role involves leading the Board, ensuring effective meetings and decision making, supporting the Chief Officer, and helping the Board stay focused on key priorities. Andrew highlights the dedication of Medrwn Môn's staff, whose commitment makes a real difference to the residents of Ynys Môn. He also extends sincere thanks to the volunteers, whose time and support are essential to the organisation's work.

## **Andrew Mark**





#### Eifiona Edwards



Eifiona Edwards began volunteering at Gwelfor Community Centre in 1999 as she prepared for retirement and wanted to stay involved in her local community. After being part of the voluntary Management Committee for many years, she became a Trustee in June 2022 and has now served in the role for three years.

Eifiona believes that being a successful Trustee requires time, commitment, good communication, and the ability to work together for the benefit of the community. She finds the role rewarding, as it has helped her meet new people, expand her circle of friends, and maintain a strong sense of purpose in retirement. She continues to enjoy contributing to the Centre and its community.

# **Community Transport Week-**'More than minibus'

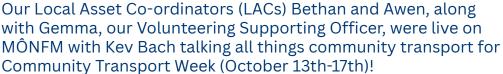
During Community Transport Week 13-17th October, Medrwn Môn shone a spotlight on the amazing people who make community transport possible - volunteer drivers, co-ordinators, and passengers - and the vital role it plays in keeping us all connected.

Community transport offers door-to-door, accessible, and affordable services for those who can't use regular public transport. It supports independence, builds friendships, and helps communities thrive.

Anglesey is lucky to have incredible schemes like:

- Seiriol Good Turn Scheme
- Benllech Good Turn Scheme
- Holyhead & Valley Good Turn Scheme
- Bryngwran Good Turn Scheme
- Barbara Bus
- Car Linc





They were delighted to highlight that the Car Linc service offers door-to-door accessible, and affordable transport for those who cannot use regular public transport.

Following the live broadcast, Medrwn Môn has had a number of from people wanting to know more about the service and enquiring about becoming a volunteer.

During the week, Heno S4C came over to Bryngwran to have a chat with Margaret the volunteer driver and Megan one of the Car Linc user.

Bryngwran Good Turn Scheme is part of a vital scheme that helps older people get to hospital appointments, the GP, dentist, shops, the bank - and stay connected to their community.

Erin and Aeron from Heno S4C filmed Margaret taking Megan to a hospital appointment in Ysbyty Gwynedd and spoke to them about how much the scheme means to them.

Megan said "I've used the scheme several times - I'm so grateful to Margaret for taking me. We had a lovely chat on the way, which really helped me relax."



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# **Funding News**



# **Charles Hayward Foundation – Older People Grants** (Open Now)

Grants of up to £7,000 are available for small UK charities (income under £350,000) running projects that support older people's wellbeing and reduce isolation. Ideal for social clubs, winter-warm activities, dementia-friendly sessions and community support for people aged 60+. Open all year with no deadlines.



More info: <a href="mailto:charleshaywardfoundation.org.uk/grants/older-people/">charleshaywardfoundation.org.uk/grants/older-people/</a>



#### **Inspiring Communities Fund - Literature Wales**

Funding is available for community groups across Wales to run literary events such as readings, workshops, talks and small festivals. The fund covers up to 75% of writer fees and event costs, and applications are reviewed monthly. Apply at least two months before your planned event.

More info: <u>literaturewales.org/our-projects/inspiring-communities-fund/</u>

#### **Arts-based Learning Fund - Paul Hamlyn Foundation**

Grants of £30,000–£300,000 support arts organisations working with state-funded schools to deliver high-quality creative learning projects. Funding can cover delivery, staff time and organisational costs. Applications are accepted on a rolling basis. More info: phf.org.uk/funding/arts-based-learning-fund





#### **Blakemore Foundation - Community Donations**

Offers small grants or in-kind donations (up to £200) to support local charities and community projects. Help may include cash, goods, or match-funding for local fundraising. More info: <a href="mailto:afblakemore.com/about-us/our-community">afblakemore.com/about-us/our-community</a>

#### **Ashley Family Foundation**

Grants of £500–£10,000 are available for creative, educational and community projects in Wales, particularly those supporting rural communities and using arts or crafts to strengthen local wellbeing. Funding is for revenue costs only, and applicants must show at least 10% match funding.



Apply by 31st of December to be considered in the next funding round. More info: ashleyfamilyfoundation.org.uk/how-to-apply-for-a-grant-from-the-ashley-family-foundation



# **Together Over Winter Grant**

16 hubs have been awarded funding from the Together Over Winter Grant 2025-2026. Below are the detail of these hubs, and what activities they'll be offering.

**Llanfaelog Community Hub** - Llanfaelog Community Hub will launch its winter programme with a **Community Christmas Celebration** on Sunday 30th November, 2–4pm.

Following the event, the Hub will continue to provide welcoming, low-cost activities through to 31 March 2026, including a monthly

**Game Club** on the last Saturday, 2–5pm and a monthly **Repair Café** on the first Wednesday, 2–5pm





**Aberffraw Village Hall** will run a **weekly** Warm Space from November to the 31<sup>st</sup> of March 2026, offering hot drinks, soup, **light activities, gentle exercise sessions**, and occasional **community events**, with support and signposting provided through local partners.

HWB Llan Ni, in Llannerchymedd will offer a weekly Warm Space afternoon (1–4pm, day to be confirmed) running through to 31st March 2026, providing a friendly, free space for all ages with tea, coffee, biscuits and a mix of activities including crafts, games and occasional film afternoons.



**Clwb y Gorlan,** in Amlwch will run two weekly Warm Space sessions from 7th January to 26th March 2025, offering a **Chair Yoga class** on Wednesdays (10–11.30am) and a **Crochet class** on Thursdays (10am–12 noon). Both sessions provide structured learning or gentle exercise alongside refreshments and social time, helping participants build skills, improve wellbeing and reduce loneliness through the winter months.

Caffi Siop Mechell will offer a programme of community activities across the winter months, including bingo every other Thursday 1–3pm, Beetle Drives every other Thursday 1–3pm, and regular craft workshops, games sessions, a book club and karaoke. All activities will run through to 31st March 2026, providing a warm, friendly place for residents to meet, create and connect

**Together Over Winter Grant** 

Talwrn Village Hall and Siop Bodeilio will open a daily Warm Space from 1st December 2025, offering hot drinks, soup and porridge every morning 9–11am, with a monthly Saturday coffee morning 10am–12pm. These sessions will run until 28th February 2026, giving residents a consistent, welcoming space throughout winter.



The Tafarn Yr Iorwerth's Warm Space will take place every Monday 1–5pm, alongside a monthly Afternoon Tea on the last Friday of each month, running from November to April. The long-established sessions bring people together for company, refreshments and seasonal community events.

Hwb Cemaes will run a weekly Connection Café every Thursday 11am-1pm from December to February, offering free community lunches, hot drinks and light activities. The 12-week programme provides a warm, sociable space where residents can meet, chat and take part in gentle, creative sessions





Rhosneigr Village Hall will offer Warm Space sessions on Tuesday lunchtimes and Saturday afternoons, running for 15 weeks. The programme focuses on wellbeing through social connection, light activities and refreshments, supported by local groups including the Senior Friendship Group and WI.

Clwb Ni Dwyran will run a winter programme at Yr Hen Fecws, including monthly community gatherings (4–6pm), bi-weekly Clwb Bach sessions for families (3.30–5pm), and two Christmas Celebration events, all running December to March. Sessions include craft activities, play, shared meals and opportunities for families to connect.





Pentraeth Memorial Hall will continue its Cuppa, Cake & Chat group every Tuesday 2–4pm, running from December 2025 to March 2026, alongside at least nine special events such as history talks, seasonal lunches, film afternoons and community workshops. These sessions provide a free, welcoming space for older and isolated residents.

**Together Over Winter Grant** 

Neuadd Goffa Bodwrog will host weekly Monday 'paned a sgwrs' sessions at 11am, Chair Yoga every Tuesday morning, a Thursday afternoon prayer group, Art for Wellbeing art sessions, and a children's film club on Friday evenings, with all activities running through to at least March 2026.





Canolfan Hen Ysgol Bodorgan will open a Warm Space every Monday 11.30am-2.30pm, offering a home-cooked light lunch, social activities and support for isolated residents. The project will continue for 12 weeks to the end of March 2026, with additional festive provision including a Christmas Day meal.

Gwelfor Community Social Hub will run every Wednesday 11am–2.30pm, offering free hot lunches, refreshments and social activities. The weekly sessions will run until March 2026, supporting families, refugees, older people and those referred via social prescribing.





Llangaffo Village Hall will continue its Warm Space programme with a weekly Lunch Club on Thursdays 12–2pm, Nifty 60s sessions on Tuesdays 1–2pm, and Chi Me on Thursdays 2–3pm, running from January to March 2026 (12 weeks). Each session includes a hot meal, refreshments and social activities to support wellbeing.

Carreglefn Community Hub will run Welsh conversation and social practice sessions every Monday over lunchtime from January to the end of March, offering board games, crafts and home-made soup to support new learners and local residents to connect in Welsh. The eight-week programme is delivered with support from Clwb y Cen and aims to reduce winter isolation while building skills and confidence.



If you'd like any more information on these sessions — or to discover other things happening across Anglesey this winter — visit <u>connectanglesey.wales.</u>





## **HAVE YOUR SAY!**

## What consultations are happening in your area?

## North Wales Fire & Rescue Five Principles Survey

North Wales Fire and Rescue Authority is inviting you to take part in their consultation on the third annual Community Risk Management Implementation Plan 2026-2027.

The Authority wants to know what YOU think and are asking for your opinion on whether they have identified the most appropriate risks and whether their plans and objectives will meet the aims of our five principles.

The consultation opened on 23 October 2025 and closes at midnight on 14 December 2025.

To take part, please visit <u>www.northwalesfire.gov.wales</u> to complete the questionnaire and to access all the information needed in order to respond to the questions.



Gwasanaeth Tân ac Achub Fire and Rescue Service

## **WCVA launches Baromeder Cymru**

WCVA has launched Baromedr Cymru – the new Welsh voluntary sector barometer



#### What is Baromedr Cymru?

Baromedr Cymru is a new rolling data source designed to give an up-to-date, accurate picture of what's really happening across the voluntary sector in Wales.

#### Why sign up?

By taking part, your organisation will gain:

- Personalised data each quarter to support evidence-based decision making.
- Access to a sector-wide dashboard showing key trends and how they are changing over time.

#### What's involved?

Participation is simple. Each quarter, a nominated staff member or volunteer from your organisation completes a short survey – taking just 10–15 minutes.

#### How does it benefit you?

For a small investment of time, you'll receive insights that could make a real difference – helping you plan, adapt, and respond to emerging challenges and opportunities.

For more information click **here**. You can access the survey via this **link** 



# **HAVE YOUR SAY!**

What consultations are happening in your area?

# Help shape future support for community groups in Wales

At Keep Wales Tidy, we're passionate about helping volunteer community groups grow and make a lasting difference.

To do this effectively, we need to know what matters most to you.

For more info and to complete the survey click **here** 



# Have your say on funding for policing in North Wales



Before setting the amount that people in North Wales pay for policing through the precept, the Police and Crime Commissioner for North Wales, Andy Dunbobbin, wants to hear what you think about the plans as part of a public consultation and survey.

As well as having your view on changes to the amount paid towards policing, you will also be able to say what priorities you want to see North Wales Police act on. The survey will also give you the chance to say how you see policing in your own community more generally. The survey launched on 10 November 2025 and closes on the 19 December 2025.

Please visit the below link during the consultation period and fill in the short survey to make your voice heard. Paper copies of the survey, in Welsh and English, are also available at libraries and police stations across North Wales. You can also get the survey in Easy Read format.

Welsh: <u>www.surveymonkey.com/r/83PLMMM</u> English: <u>www.surveymonkey.com/r/FRPRMMZ</u>

Alternatively, to receive a paper copy by post, contact the Office of the Police and Crime Commissioner in the following ways:

Email: OPCC@northwales.police.uk

Phone: 01492 805486

Post: Office of the Police and Crime Commissioner North Wales, Police Headquarters. Glan y

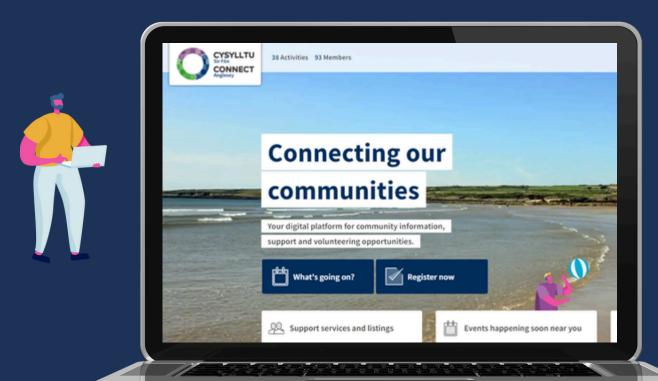
Don, Colwyn Bay, LL29 8AW



# HOW DO YOU ADVERTISE YOUR LOCAL ACTIVITIES, EVENTS AND VOLUNTEERING OPPORTUNITIES?

- Do you want more people to attend your events
- Would you like to share information about your group or organisation across Anglesey for free?

If so, then please join the groups already advertising on Connect Anglesey!





Visit our website!

www.connectanglesey.wales Q

For more information, or support in uploading your information please contact Gemma@medrwnmon.org or call 01248 724944

# **Volunteering opportunities**









## What's on?



#### **NEUADD BENTREF BODEDERN VILLAGE HALL**

Bob Dydd Iau 1.30 - 2.30 every Thursday Cychwyn / Starting 6.11.25

ADDAS I FABIS DAN 18 MIS OED YN UNIG / SUITABLE FOR BABIES UNDER 18 MONTHS OLD ONLY



Tegannau a llyfrau / Toys & books

Pwyso babi a cyngor gan ymwelwydd iechyd dwywaith y mis / Weigh baby & get advice from health visitor twice a month









# ISERLEN RHAGFYR

#### SESIYNAU FFIWS SESSIONS

Amser/Times: 10:00-12:00 & 13:00-15:00

- Argraffu 3D: Addurniadau Coeden Nadolig 3D Print: Xmas Tree Decorations
- Engrafiad Pren: Addurniadau Nadolig Wood Engraving: Xmas Decorations
- Argraffu 3D: Llenwyr Hosan Nadolig 3D Print: Xmas Stocking Fillers
- Engrafiad Pren: Creu Bocsiau Nadolig 11. Wood Engraving: Make Xmas Boxes
- Argraffu 3D: Stondinau Ffôn 16. 3D Print: Phone Stands
- Engrafiad Pren: Stondinau Ffôn 18. Wood Engraving: Phone Stands





# TROEDIO TONNAU RIDING WAVES Wyt ti'n berson ifanc sy'n byw efo galar ac yn

chwilio am rhywle lle mae pawb yn deall?

Mae Troedio Tonnau yn cynnig sesiynau misol i bobl ifanc sydd wedi profi colled ddod at ei gilydd i sgwrsio, bod yn greadigol a byta snacs!

Are you a young person living with grief and/or want to be in a space where everyone gets it?

Riding Waves offers monthly meet ups in a cosy & creative environment that gives young people who have experienced loss an opportunity to chat, get creative and eat snacks!

ar gyfer pobl ifanc (12-18 oed) sy'n profi galar yn dilyn marwolaeth rhiant, gofalwr, frawd neu chwaer for young people (12-18) experiencing grief following the death of a parent, caregiver, or sibling

WHO?

PRYD?

ail dudd sul bob mis (dechrau 14 Medi 2025) every second sunday of the month (starting 14 September 2025)

WHEN?

Neuadd y Dref Llangefni, Ynys Môn Llangefni Town Hall, Anglesey

WHERE?





AM DDIM I FREE

cyswllt | contact manongwynant@outlook.com

#### Energy Help: Support with Bills & More

Need help with energy bills or heating? Drop in to our session for free, friendly support from the Financial Inclusion Team, Housing Repairs, Warm Wales, CAB, Welsh Water the Energy Wardens.

We'll help with explaining bills, grant checks, and using your heating system.

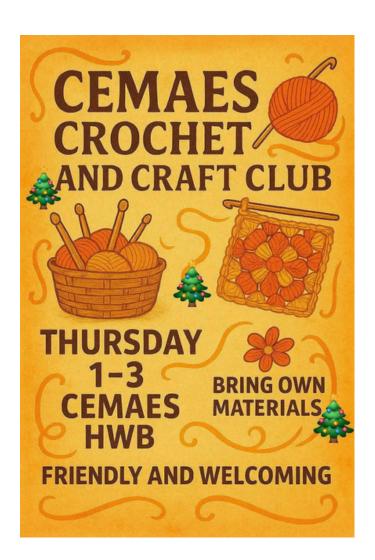
No appointment needed - just pop in!



Amlwch Memorial Hall, Amlwch Thursday 8th of January 2pm - 6pm



# What's on?



Merry Christmas and a happy new year! from all of us at Medrwn Môn



CINIO YSGAFN 12PM - 2PM Prif gwrs £5, Pwdin £2.50, 'drop in'

LIGHT LUNCH 12PM - 2PM Mains £5, Pudding £2.50, drop in



Am fwy o wybodaeth neu i drafod alergeddau, cysylltwch â ni For more information or to discuss allergies, contact us

07925 737938 / cegin.canolfanglanhwfa@gmail.com

## Pwythau'r Pridd Stitched to the Ground

January to April 2026

Byddwch yn rhan o greu cyfres unigryw o groglenni wal clytwaith sy'n dathlu tirlun, treftadaeth a daeareg Ynys Môn. Be part of the creation of a unique series of patchwork wall hangings celebrating the landscape, heritage and geology of Anglesey.

#### Cymerwch ran Get involved

- Gwnïwch ddarn unigryw
- Darperir deunyddiau
- · Gwnïwch o adref
- Gwnïwch gyda'ch grŵp
- Bydd y croglenni gorffenedig i'w gweld yn y Tŷ Gwylio yn Amlwch yn ystod wythnosau'r Stiwdios Agored yn 2026.
- Stitch a unique piece
- Materials provided
- · Stitch at home
- Stitch with your group

The finished hangings will be on show at the Watch House in Amlwch during Open Studios weeks in 2026.

Ebost Email: meganulrika@hotmail.com info@geomon.org.uk Rhif Ffon Phone: Megan 07919093982

Ynys Môn trysor Cymru. Ynys a ffurfiwyd gan amser a grym y tu hwnt i'n dychymyg.



Anglesey the jewel in the crown of Wales. An island formed by time and force beyond our imagining.

GEOMON-ANGLESEY GEOPARK Registered Charity Number 114509



# **CONTACT US**





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FACEBOOK: MEDRWN MÔN



**WEBSITE: WWW.MEDRWNMON.ORG**